NSILP 2010 team



L to R: Jedd Routledge, Carl Paulo, Steve Davies, Roy Johnston, Ben Cameron, Melissa Walker, David Kreutz, Maureen Jones, Renee Vajtauer, Brad Milic, Dr Mike Kelly, Tim Karlov, Emily Rowe, Andrew Rowland, Renae Parsons, Lyn Lambeth, Matt West, Sarah Reinhart.

of seventeen leaders who graduated from the six-month National Seafood Industry Leadership Program in Canberra on the 23rd of September. The seventeen participants were Jill Briggs, NSILP Manager, also addressed the drawn from across the industry with fishers, researchers, seafood industry service providers and marketers making up the National Seafood Industry Leadership Program (NSILP) 2010

The Graduation was part of the final industry networking dinner which was once again strongly supported by key stakeholders in the seafood industry from across Australia and attended by the newly appointed Parliamentary Secretary for Fisheries Dr Mike Kelly.

During the final residential session held in Canberra the NSILP 2010 team delivered the 2010 Mission to the industry. Roy proposed to the attending industry stakeholders a new concept which will assist in raising the profile of the Australia seafood industry. The proposal involves an annual NSILP aquaculture/wildcatch promotional trip to an international destination to educate new and existing markets, commencing. As the first destination he has nominated Hong Kong for 2010. Roy provided detail of who, where and when this activity could occur and spoke of the need to continue Participants vary in their responses as to the the leadership opportunities and saw the potential for personal growth and business enhance-

The Graduation Dinner guests were addressed by two NSILP 2010 participants who provided the guests with some excellent information about specific sectors which make up the broad seafood industry and community. Emily Rowe also provided a detailed addressed about the Briggs.

Roy Johnston of Sydney Fish Market was one three industry sectors she works in and Roy Johnston provided insight into the Sydney Fish Market where he is an auctioneer.

> gathered dinner guests. "I spoke to the guests about the importance of risk-taking element in leadership. Ms Biggs highlighted the risk that each NSILP 2010 had taken in their willingness to participate in leadership development.

> This year is a particularly important milestone for leadership within the seafood industry as it marks 10 years of investment. Honorary graduation status was bestowed on the two major supporters of the program, The Fisheries Research and Development Corporation and

The graduation dinner was the final activity of the six month National Seafood Industry Leadership Program. During the six months participants attend three 3-day residentials. The NSILP team plans and implements an industry mission; participates in more than twenty skills development sessions; networks with over 90 industry stakeholders through guest speaker panels and industry networking activities and; tours at least two industry workplaces.

most vital element of NSILP. Many of them speak highly of the networking dinners, guest ment through the international activity, speaker panels and the high calibre of invited individuals who participate in the program.

> "From my experience one of the "sleeper" issues identified regularly by the graduates is professional friendships that are commenced and continue beyond the program," said Jill

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Photo of the month



Bill and George of Limnos Island Fisheries have been in the seafood industry for the past thirty years. Both started their careers with PK Oysters, Bill in 1981 and George in 1984. In 1987 they purchased their current business in the inner Melbourne suburb of Northcote.

New patrol boat for WA

off the Mandurah coast.

Mr Moore said the name of the \$520,000 patrol vessel (PV) Armatus came from the scientific name for breaksea cod, one of the many popular demersal fish species targeted by recent management strategies aimed at reducing overfishing.

"PV Armatus, and the fisheries and marine officers who work from her, will play an important role in protecting breaksea cod and other vulnerable demersal species," Mr

As well as monitoring the demersal closure

The Minister said the 11.3m Naiad is bigger Details on the fishing rules that apply in the

The boat has a range of 350 nautical miles at Minister, Mr. Norman Moore its cruising speed of 25 knots, but capable of named a new patrol vessel "PV" a top speed in excess of 40 knots when Armatus" that will extend compliance capac- required. It can carry six people (including ity and provide extra Government resources two crew). Boarding other vessels at sea from the PV Armatus will be

> The patrol boat will be used in joint operations with other agencies such as the local Water Police and the Department of Transport, so it will not only assist with Fisheries compliance but also narine safety and other tasks.

Mr Moore said PV Armatus was a major asset for the Peel region which could see use in sea; search and rescue operations; whale entanglements; Western Australia's Fisheries shark hazard responses; and Minister, Mr. Norman Moore other marine emergencies.

for recreational fishers between mid-October The primary role of the PV Armatus will be and mid-December, PV Armatus will per- to ensure Fisheries compliance officers can form ongoing compliance activities related to keep up with the fast-growing population of the commercial and recreational fishing sec- the Peel Region, where many fish from boats tors off the Peel Region coast. off this part of the coast on a regular basis.

than the boat it replaces and well-suited to its Peel region (part of the West Coast role in terms of both seaworthiness and crew Bioregion) are available online at http://www.fish.wa.gov.au./

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October 2010 Vol. 8 - No. 9



Email: info@seafoodnews.com.au www.seafoodnews.com.au

ISSN 1834 - 4399

Farewell 1 Theo Kailis



Dr. Oz praises **Australian** Barramundi,

SSA and U.N report



Marisa

International Seafood Health Conference

AUSSIE FOR



A master chef of a slightly different kind is taking place in China with wild Australian

with this premium quality product. The icon- other States at the 25th August launch were ic Australian abalone is the centre piece of 12 delegates from Tasmania representing an initiative by the Abalone Council of industry stakeholders including processors Australia Ltd (ACA) and the Australian and quota holders and MHA Bryan Green, Seafood Cooperative Research Centre the Tasmanian Minister for Primary (CRC) to increase demand for and ultimately value for a produce favoured and desired consumers. Dean Lisson, Chairman of ACA and CEO of Chinese

launched in Shanghai on August 25th which was quickly followed by a number of workshops and networking events in Shanghai at the Australian pavilion at World Expo and in abalone. Chefs in some of Guangzhou at the China International Small China's top restaurants Medium Enterprises Fair (CISMEF). Joining will be vying with each over a 100 media and food industry guests other to create new and innovative dishes and Abalone industry stakeholders from

The Tasmanian Abalone Council is the The project anticipates recruiting 210 top Australian face of the abalone project in restaurants in Shanghai, Beijing and China. Dean has recently returned from the Guangzhou with the aim of creating a premisuccessful project launch events and he um product and service offering identifiable explained: "the aim of the project is not to as Australian Wild Abalone (AWA). AWA is supply more product as supply is fixed by the registered industry trademark, an industry quota but rather to seek a higher umbrella for quality product from Australian financial return on the product itself". "The suppliers. The initiative is part of a compre- challenge for industry is to devise a markethensive market research project between ing strategy which will increase awareness. ACA, CRC and Grey Group China (global demand and ultimately the value of the prodmarketing company) and was recently uct all along the supply chain" he said. The



Primary Industry and Water, Dean Lisson, CEO Tasmanian Abalone Council, and Chairman Abalone Council of

question for industry stakeholders said Dean is is of the highest integrity; we want to play up "what sort of marketing and promotion strategy the product not play it down" he said. Another will work and how can we invest in that strategy to provide increased profits to businesses trials is Tasmanian Seafoods. It is hoped that as both here and in China?" That is why the Australian Seafood CRC is involved. "In the 45 year history of the industry there's never been this sort of large scale research project done on West Australia are also on board with the prodeveloping markets for Australian wild caught abalone, so it's a first" said Dean.

entry and comply with the direct trade route into China. The project will be supplying premium quality product that will satisfy all Chinese import regulations and be identifiable as wild caught Australian abalone. Mark Daft, industry to move forward it will "have to meet wild caught abalone sector. fairly strict guidelines to make sure the product

Tasmanian business supplying product for the more restaurants are recruited in China, more processors across the country will join AWA Abalone Processors from South Australia and

The Australian annual wild abalone harvest is Part of the key to success is to improve market 4500 tonnes of which Tasmania contributes 60%. Eighty percent of the product exported from Australia currently goes to China. A comprehensive range of abalone products will be used in the 5 star restaurants including, live. frozen, canned, dried, and vacuum packed. The another of the Tasmanian delegates and owner ACA has a commitment to continue to invest in of Tas Live Abalone acknowledges that for the market research for the benefit of the whole



SEAFOOD NEWS 6 SEAFOOD NEWS 1 Illustration: Con Aslanis

30,000 Euro Lost buoy found

for public comment

valuable seismometer buoy, deployed what three years ago in an ocean trench more than five kilometres deep, north of New Zealand, has been found washed up between an escapee from the early Russian on a North Queensland beach.

The buoy's near-miraculous retrieval after two and a half years in one of the world's deepest ocean trenches, and a journey across thousands of kilometres of the Coral Sea will provide scientists with valuable data they had feared lost forever.

buoy was found at Alva Beach, south of one of the Institute's devices. Townsville by a local family who had no idea

The beached buoy looks like a combination space program and a Dr Who Dalek and was so heavy it required several people to drag it from the sea's edge.

Fortunately the family contacted AIMS at nearby Cape Ferguson and asked for advice.

AIMS staff who have considerable expertise in development and deployment of a range of The mystery began on August 4th when the buoys and drifters, initially thought it may be

All other recreational fishing rules would

Fisheries Victoria is also endeavouring to

promote employment and other economic

opportunities for the Aboriginal community

in the commercial and recreational fishing

Fisheries Victoria will be meeting with peo-

AIMS Engineering and Field Operations The seismometer was deployed in the Manager, Gary Brinkman, went to Alva Beach Kermadec Trench, north of New Zealand, in a to investigate and quickly realised that the buoy depth of 5,230 metres, with fifteen other instruwas extremely valuable - not just monetarily ments. but also scientifically.

He was able to determine it was an ocean bottom seismometer (Seismometers measure the movement of the ground, including earthquake 'For us, the recovery of the instrument is not the Leibniz-Institute in Germany.

Professor Flueh was ecstatic that the seis- be lost,' he said mometer had been retrieved more than two and a half years after the German team realised it

Professor Flueh has offered a reward to the family that retrieved the device.

activity) belonging to Professor Ernst Flueh of only the value of the instrument in terms of money - (about 30 k Euro), even more the data stored on the instrument that otherwise would

What is still unknown is how the seismometer

Healthy fish perform better

has been engaged by Fisheries Victoria Initiative for Fisheries and Aquaculture. to help trout farmers improve their fish health management skills.

Anthony Hurst said the training involved a adapt series of workshops where farmers were given intensive tuition in preventing, diagnosing and It is part of the Future Farming strategy which treating fish disease.

The training program is one element of a sector. broader climate change project about improv-

form better, grow faster and improve profitabil-

development of fish health management plans.

Fisheries Victoria is working closely with

leading Victorian aquatic veterinarian industry stakeholders to implement the from Future Fisheries, Dr Matt Landos, Victorian Government's Climate Change

"The initiative is helping the fishing and aquaculture sectors and fisheries managers to under-Executive Director of Fisheries Victoria stand the implications of climate variability and those

> is investing \$205 million over four years to build a strong and secure future for the farming

ing the resilience of aquaculture sectors to cli- Future Farming provides support and services for farm businesses and rural communities - to help them make decisions about their future Fish farmers recognise that healthy fish per- and meet the challenges of uncertain prices and demand, climate change and competitive global markets

Other elements of the training included the The training events, which were all booked out, responsible use of therapeutic treatments and were strongly supported by the Victorian Trout Association which represents the interests of many of Australia's freshwater trout farmers.

Aboriginal Fishing Strategy

continue to apply.

isheries Victoria has released a draft Aboriginal Fishing Strategy for public poses to the list of people exempt from the requirement to hold a recreational fishing **L** comment and is seeking input on the licence," Mr Hurst said. draft Strategy from all fisheries stakeholders

Fisheries Victoria Executive Director Anthony Hurst said the draft Strategy contained a number of proposals to recognise Aboriginal customary fishing rights, increase Aboriginal participation in fisheries management and improve economic opportunities for Aboriginal people in the fishing

Mr Hurst said Fisheries Victoria recognises that Aboriginal customary fishing is unique ple around the State to discuss the various and separate from recreational fishing. proposals in the draft Strategy.

"One of the ways we propose to more formally recognise this difference is to add
The public consultation period closes at 5pm Aboriginal people fishing for customary pur- on Friday, December 10, 2010.

Seafood Services Australia joins heavyweights

eafood Services Australia is excited at joining Qantas, Coles, Woolworths and Harvey Norman as an Australian Made, Australian Grown (AMAG) Campaign Partner," Ted Loveday, Managing Director, Seafood Services Australia said.

"Australia produces world class seafood that is fresh, tastes great, is sustainably produced and good for your health. However, Australian producers are facing increasing competition and need to have their product strongly identified in the market place."

It is said that 94% of Australians recognise the Australian Made, Australian Grown logo and 85% trust it over any other country of origin strategy."

The Australian Made, Australian Grown logo clearly brands and labels Australian seafood. and is easy and inexpensive to register to use the logo and to join the AMAG Campaign.

At the recent Australian Prawn and Barramundi Growers conference, Coles General Merchandise Manager for seafood said that "Almost 100% of Coles' consumers have a preference for buying Australian, but

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SEAFOOD NEWS 2

the AMAG Campaign for the first time. The Australian seafood industry contributed significantly to this number and is represented by local businesses, such as, Tassal, Cleanseas Tuna and Seafarm Pty Ltd.

Roy Palmer, CEO of Seafood Experience Australia (SEA), Australia's seafood marketing body, reckons, "It's a great initiative and a key marketing tool for Australian seafood producers, as part of each business' marketing

> September's 10 best sellers

No.32kg Species 13,383 Mixed Fish 2469 894

Warehou Silver Flathead Tiger sml 685 Gummy Shark 575 Flathead Tiger lrg 476 Ling gutted 470 Blue Grenadier Gurnard, butterffy +red 399 Flathead deep water 314

Tuna yellow fin

305

they will buy the best value they can afford". "The Australian Made, Australian Grown Similar research has confirmed a growing Campaign and the 'Eat Seafood Twice a Week' trend in Australian consumer and retailer sup-promotion will feature prominently at the port for locally grown or harvested produce. upcoming International Seafood and Health Conference and Exhibition to be held in In 2009/10 378 Australian businesses joined Melbourne, from the 6th to the 10th November 2010," Mr Palmer said.

> For information on how to join the Australian Made, Australian Grown Campaign visit www.seafood.net.au or contact Seafood Services Australia directly on 1300 130321

> (Right) Mr. Ted Loveday, Managing Director of Seafood Services Australia is exicited at his organisation joining the AMAG campaign.





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Ray White

SEPTEMBER 2010

In Brief

Barramundi, the super fish

ustralian barramundi has been named by the American Dr. Oz as one of his "5 Superfoods We Must Eat Now."

Dr. Oz's recomendation is due to the fishes low mercury levels, and anti-aging immuneboosting and cancer fighting properties.

Paynesville man caught illegalyselling mussels

59 year old man from Paynesville Victoria, faces a possible six month jail term after allegedly selling Lakes Entrance mussels at the farmers market in Sale, Gippsland.

Fisheries officers from Traralgon and Lakes Entrance seized 44 litres of mussels the man had allegedly for sale. Commercial fishing equipment was later seized from the man's Paynesville residence.

Great fishing ideas from public forums

ver the last three months Victorian new fishing platforms to making fishing easanglers have been attending open- ier for anglers with disabilities. house Regional Roundtable Forums across the state to have their say about recre- Some of the ideas that are currently under ational fisheries management in Victoria. consideration include.

ing spots even better.

From Mallacoota to Warrnambool people have been exchanging ideas ranging from

The forums were a success with anglers pre- Next year's Regional Roundtable Forums are senting ideas for new programs to make fish- proposed to be held at Shepparton, Portland, Geelong, Corryong, Mildura, Bemm River, Mansfield, Bendigo, Port Welshpool and Frankston between May and July.

Prawn and barramundi conference

conference at the Gold Coast the 200 40kg of beef per person. delegates heard how their industrys

Australia and China. The Chinese consume tainably

t the recent Prawn and Barramundi 40kg per person whreas Australians consume

expansion was being hampered by Seafood advocate Hagen Stehr, of Clean Government regulations and green tape. Seas Tuna told the conference that demand for seafood in the future will rise and that Dr Richard Smullen pointed out the different those who stand to gain from this demand volumes of seafood consumption between will be companies that produce seafood sus-

Tassal and Banjo's, tasty combination

wo of Tasmania's best-known compa- "We believe Banjo's and Tassal sit perfectly joined forces to promote a new salmon product range and their home state of Tasmania at Tassal. "It makes sense for Tasmanian-

Banjo's has introduced a range of fresh salmon sandwiches, Panini and quiches featuring Tassal salmon.

The new products will be available in all Banjo's stories in Tasmania, Queensland, model." said Mr. Williams. New South Wales and Victoria.

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Victorian Metro & Country

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SEPTEMBER 2010

nies, bakery and café chain Banjo's alongside one another as quality producers of and salmon producer Tassal, have fine Tasmanian products," said Dale Williams, Chief of Sales & Marketing for owned companies like ours to work together in this way to not only promote our products but the state more broadly."

> "We obviously want our product in as many outlets as possible. Banjo's is proving that our products suit the quick serve restaurant



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Artificial reefs to boost Moreton Bay fishing

he locations of Moreton Bay's final two "They fulfil an important \$2 million election ▲ Queensland's Deputy Premier Paul Lucas and Climate Change and Sustainability Minister Kate Jones.

and to the east of Coochiemudlo Island and are an addition to the recently completed Harry

The Peel Island site will cover some 50 hectares, while the Coochiemudlo site will Ms Jones said the sites were selected in concomprise 15 hectares.

least 10 public boat ramps located within 10 Underwater Federation. kilometres of each site.

artificial reefs were announced by commitment by the Bligh Government to create six artificial reefs to ensure recreational anglers can enjoy sustainable fishing in the bay for generations to come" Mr Lucas said.

They will be established west of Peel Island The Bligh Government has introduced green zones which it says are to protect the bay's unique biodiversity and created go-slow zones Atkinson Reef east of St Helena Island. to protect marine life such as dugongs and turtles from boat strikes.

junction with a working group made up of local volunteers and organisations including the These two sites are well within the reach of Queensland Game Fishing Association, 'mum and dad' fishers in small boats, with at Sunfish, Ecofishers and the Australian

Following the release of the UNEP report pre-

productive and damaging

to the work of those pro-

moting best-practice fish-

eries management to

ensure continued sustain-

Dr Steiner has acknowl-

edged the views in the

original 2006 research

report were controversial,

and has also acknowl-

edged that efforts to pro-

mote sustainable fishery

practices, as SSA and

other organisations in

Australia are seeking to

while some fish stocks in

parts of the world are

ability of fish stocks.

SSA says UN statement is misleading and damaging

Australia's fisheries management is internationally recognised

Seafood Services Australia (SSA) has taken a United Nations agency to task for perpetuating the myth that commercial Dr Worm has authored a paper with fisheries scientist Ray Hilborn and others that takes a more balanced view of the future of commerfish stocks may collapse worldwide by mid- cial fisheries"

The chairman of SSA, Mr. Geoff Gorrie, has view however, there has been considerable criticised the United Nations Environment negative media directed towards the fishing Programme (UNEP) for a draft report that industry in Australia based on the UN predicstates in part: "On current trends, some tion that fish stocks will collapse by 2050'. researchers estimate that virtually all commercial fisheries will have collapsed by 2050 "I have pointed out to UNEP's Executive unless urgent action is taken to bring far more Director, Dr Achim Steiner, that this is counter-

intelligent management to fisheries north and south.'

"This simply is not true," Mr Gorrie said. "In fact, the statement is misleading and damaging to the work of fisheries managers worldwide. It is disappointing that a UN agency would make such an ill-founded statement.'

Mr Gorrie said he had written to UNEP. expressing SSA's concern.

which is misleading and damaging," he said.

extinction of commercial fish species by mid-

Worm and others in 2006. Also, in a related

disappearing from ocean ecosystems and this

begin to see some of the consequences. For

example, if the long-term trend continues, all

fish and seafood species are projected to col-

lapse within my lifetime by 2048."

The chairman of SSA, Mr. Geoff Gorrie, has criticised the Mr Gorrie conceeded that, United Nations Environment Programme (UNEP) as misleading and damaging

"I explained that SSA is concerned about UNEP's reference to a pro- being over-fished and corrective action was

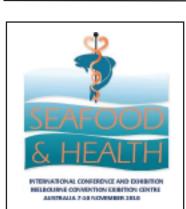
jected decline in fisheries resources by 2050, required, the success of Australia's fisheries management is internationally recognised. The primary source of references to virtual

"Rationalisation of Australian fishing fleets has already been implemented, with considerable century is a paper authored by ecologist Boris reductions in fishing vessel numbers, and Australia also has a very large percentage of its statement, Dr Worm said: "Species have been waters covered by marine parks," he said.

trend has recently been accelerating. Now we Mr. Gorrie thiks it regrettable that these achievements are diminished by negative media reports that convey the impression all world fisheries - including Australia's, are doomed to virtual destruction within the lifetimes of most people alive in this country This assertion was widely criticised by internatoday.

tional fisheries scientists. Subsequently,

SEAFOOD NEWS 5



International Seafood & Health Conference The Wonders and Opportunities of Our Oceans Exhibition

Melbourne Conference & Exhibition Centre November 6 to 10

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quiz, go to this website

address: http://salonculi-

will not be recorded and you will not be

able to attempt the quiz again).

All contestants will only be allowed to

The quiz is open to every resident in

The top ten people who meet the criteria

will be notified by email by 1st

November 2010 and their names will be

put on the website and they will be invit-

ed to attend the 'live' quiz on Sunday 7th

November, where they will play for the

All ten finalists will be notified by email

and no correspondence will be entered

mation without your consent

'winner ____ take all'

this quiz once.

Australia

electronically.

Prizes to be won in conjunc- ond is open to participants in tion with the Wonders and the hospitality, seafood and Opportunities of Our Oceans related Exhibition include Pearl ear- To participate in the first rings valued at over \$3000.

All you need to win is naire.com/quiz/course/view.p knowledge of seafood and h p ? i d = 4 9health, and why it is benefi- Enter the details requested cial to your health to eat fish and then take the test. or other seafood at least. The quiz is completed and

These prizes will go to the The separate quiz for induswinners of two seafood-and- try professionals is at: health quizzes: The first is http://salonculinaire.com/qui open to all members of the z/course/view.php?id=47 general public and the sec-

Seafood "Twice a week" Quiz - Public Level

The Seafood "Twice a week" Quiz -Public Level is a simple multiple choice test of general community seafood and health knowledge. This is not a game of chance it is a test of knowledge. Questions include recognition of species, nutrition, preparation, cooking awareness, trivia and interesting information. Prizes are to be won and entry is free. The guiz will be conducted from 11 AM 1st October 2010 through Midnight 29th

October 2010. All ten finalists will be notified by email
The top ten (10) people with the highest and must agree to attend the final quiz to score will be invited to attend "The be held at the Melbourne Exhibition Wonders and Opportunities of the Occasion Exhibition on Sunday 7th November p r 1 z

All decisions of the 10 finalists are final state all support take all support take all support take all supports take all su

To enter the quiz, simply register. Open the quiz, and submit your answers to the The Promoter and Promoter Affiliates are q u e s t i o n s . not liable for any problems or technical All entries into The Seafood "Twice a malfunction of any telephone network or

week" Quiz - Public Level must be ama- lines, computer online systems, servers or teur cooks or laypersons, providers, computer equipment, soft-If you have worked in a commercial ware, technical problems or traffic conkitchen as a professional cook or chef, or gestion on the Internet or at any website, undertaken any studies in a course asso- or any combination thereof, including ciated with professional cookery or asso- any injury or damage to participants or ciated with aquaculture, fish and seafood any other person's computer related to or ndustry in anyway you are not eligible to resulting from participation in or downenter the Seafood "Twice a week" Quiz - loading any materials in this promotion. Public Level. You may enter Seafood We respect your privacy. We will "Twice a week" Quiz - Professional NEVER sell or rent your personal infor-

The quiz will ask 30 random multiple
Entry into the Seafood "Twice a week" choice general knowledge questions on Quiz-Public Level is deemed acceptance seafood knowledge and health aware- of these terms and conditions. The questions must be answered within Conference 7th – 10th November 2010.

10 minutes (as shown on a count down The Wonders and Opportunities of our clock with the quiz desktop) Pop up Oceans" Exhibition, 6th - 9th November You must submit your answers at the end

Seafood "Twice a week" Quiz - Professional Level species, nutrition, preparation, professional cooking knowledge, trivia and interesting information. Professional Level is a giral to the control of the contro

Professional Level is a simple multiple cookery, seafood and health knowledge. This is not a game of chance it is a test

choice test of general, professional professional Prizes are to be won and entry is free.

The quiz will be conducted from 11 AM 1st October 2010 through Midnight 29th October 2010.

Questions include recognition of

All entries must be received by midnight, Friday October 29

PUBLIC FORUM

Melbourne Convention Centre Monday 8 November 2010 - 6.30 TO 8.30PM THE PUBLIC FORUM WILL BE FACILITATED BY 3LO'S JOHN FAINE THE AUDIENCE WILL GAIN IMPORTANT INFORMATION THAT

COULD BE LIFE CHANGING! With the hospital system under crisis, chronic diseases n all time high and mental illness increasing at a rapid rate

Forum Program Professor Michael Crawford, Director, stitute of Brain Chemistry and Human Nutrition Consultant for WHO, FAO. Millennium Danone Chair a the University of Gent, Chair at the Albert Schweitzer ernational University in Geneva. Member of the DoH nmittee on Borderline Substances

ofessor Clemens von Schacky, Head of Preventiv Cardiology, University of Munich. . Board-certified cardiologist, invented the Omega-3 Index and is an internation ally known expert on Omega-3 fatty acids.

ofessor Tom Brenna, Professor of Human Nutrition and of Chemistry and Chemical Biology at Cornell University, Ithaca, New York, USA. He is also a member of Cornell's graduate faculty of Food Science and Technology, and is Adjunct Professor in the Dept. of Community and eventative Medicine at the University of Rochester (NY)

CAPT Joseph R. Hibbeln, M.D is Acting Chief, Section of Nutritional Neurochemistry in the Laboratory Membrane Biophysics and Biochemistry at the Nationa titutes of Health. Dr. Hibbeln originated the field of nega-3 fatty acids in depressive and aggressive disorder and has contributed more than 75 peer-reviewed scientific

He is currently President of the Nutrition Society and member of various national and international committe including: Member, Panel on Dietetic Products, Nutrition and Allergies, and Chairman, Working Group on Claims European Food Safety Authority (EFSA) Parma; President of the Board of the European Nutrition Leadership

hakuntala Thilsted. Senior Nutrition Adviser at the WorldFish Center. She was formerly with the Department f Human Nutrition, University of Copenhagen, Denmark Her broad area of research and expertise is food-base strategies for improved food and nutrition security in low-

NTRY BY GOLD COIN DONATION PER PER

Rules for the "SEA/Seafood News" **Victorian Oyster Opening** Championship

Chief Judge: Roy Mills - Roy is a well established and credentialed oyster expert -Roy had many years as a regional Manager with NSW Fisheries and who's been slurping his way through oysters as a judge at the Sydney Royal Fine Food Show since it started judging Oysters about 10 years

1. A sub-committee of the judges will select only the finest Sydney Rock& Pacific Single Seed Oysters which shall be not less than 80 millimeters in diameter. 2. The opening tables will be approximately ninety cen-

timeters from the ground. 3. Each competitor will be required to open 30 oysters.

He/She will receive a Tray of oysters on stage and should ensure it contains 30 oysters prior to the start.

sea

THE SEA GALA DINNER AT THE **MELBOURNE CONVENTION CENTRE BALLROOM**

Arrive 7-00pm for pre-dinner refreshments and be seated by 7.30 m THESDAY OTH NOVEMBER 2010

The Seafood and Health conference committee cordially invite you come on-board for the seafood industry "Gala Night of Nights"

There will be a four course dinner of hand picked Australia afood in a menu created by the Venues Executive Chef Shawn owels accompanied with wines and beverages specially selected e venues Sommelier. The dinning room will have an oceanic nbience styled by one of Melbourne leading theming compaies.....and you can theme yourself too because it a Black of Fish

Our Mater of Ceremonies will introduce a great stage show with tertainment at the beginning and in the middle and at the end of e evening, the entire night will be a value for money dining and ertaining experience and well worth coming too.

he Major prize for the tabletop raffle is a set of 18ct Yellow gold nd diamond long tapered French hook earrings featuring 8 dianonds and a pair of Round 10.5mm "A" grade Australian South Sea earls of Silver White Pink colour. Valued at \$2300.00 The Major Prize is donated by Serena Sanders of Sirene Sea Pearls,

*Raffle proceeds to Aquaculture without Frontiers charity

his a great opportunity to make up table from your organisatio nd come along and enjoy the occasion and make it your 2010 hristmas party and enjoy the fellowship of you industry friends nd start the lead up to Christmas

ON-LINE TICKET PURCHASE GO TO www.seafoohealthconference.com SINGLE TICKET \$150.00 PER PERSON FULL TABLE FOR 10 PEOPLE \$1400.00

4 The boxes will be allocated to the competitors by lottery and each competitor's trav will bear a code name 5. The oysters must be opened on the board provided and presented on the tray provided, nothing else can be used for presentation pur-

6. The competitors must present their oysters washed and turned

and may present them all on the deep shell. 7. In opening the oysters, the competitor will only use a knife, a cloth and any board supplied by the Committee. The competitor cannot use any support, holder, or, any other implement whatsoever. The knives must also be approved by the Judges.

8. Competitors must be aged 18 or over. 10. Competitors must wear the aprons provided. 11. Competitors may wear gloves or any protective covering on their hands.

12. The Festival Compere will start each heat of the competition. Each competitor will start opening on his order. 13. Each competitor must indicate that they are finished, by ringing

the hand bell provided. The competitor must not touch the tray after ringing this bell or disqualification may result. 14. The Judges will examine the trays of oysters with the following points in mind:-Good appearance, well opened, without flaws Totally severed from shell Mussel intact - not torn, cut, sliced, wounded, and without blood Orderly and neat appearance

15. The following penalty seconds may be added to the Competitors Time. a) An ovster not severed from its shell 10 seconds. b) An ovster with blood – 10 seconds. c) An ovster with shell or grit on its flesh – 4seconds. d) An oyster, the flesh of which is cut or sliced – 4 seconds. e) An oyster not presented upright - 4 seconds. f) For each oyster not opened or presented -30 seconds. (If an ovster shell is presented empty, or the flesh only is presented, the oyster will be deemed, not to have been presented). 16. The winner will be determined by the lowest combined time, and penalties. In the event of a draw, the competitor with the lower time before penalties shall be deemed the winner. 17. These rules have been prepared by the

Victorian Oyster Opening Competition Committee of

Judges and the decision of the Judges in relation to the

interpretation of these rules are binding on all competitors

Sunday 7th November at Melbourne Conference and Exhibition Centre seafoodhealth@conferenceplus.com.au

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PESCE STECCATO

(Fish with flavours inserted into the flesh)



or this particular recipe and because I the flavours to infuse and then pan-fried. like to use sustainable fish, I select When it is cooked I deglaze the pan with a lit-Mackerel, Yellow-tail Kingfish or tle Marsala fina (dry Marsala). Marsala origi-Albacore tuna (when I can get it). These fish are wild caught and at this stage are not in danger of extinction. For this particular occasion I able from specialist wine shops. As an alterna-Kingfish.

As you can see from the photo it is a round Marsala, which is far too sweet. slice, cut vertically from the middle of the fish that has the vertebrae in the centre. This cut is called a rota (in Sicilian). In Italian, the word is ruota – a round or a wheel.

The fish is steccato (studded or inserted) with herbs/spices, left for a short period of time for regulating digestion.

nates from the town of Marsala on the north west coast of Sicily and dry Marsala is availtive it is better to use dry white wine with a tiny amount of sugar than the widely available

The spices used in this Sicilian recipe were probably first used by the Roman upper classes, and later made popular by the Saracens. They were also very popular in medieval cooking, both as a status symbol and as a way of

NGREDIENTS

Fish cut vertically, 4 slices. Garlic, 2 cloves, cut into halves. Bay leaves, 2-4. Rosemary sprigs, 1 per portion. Cinnamon stick, peel off 4 small bits. Cloves, 4. Extra virgin olive oil, ½- ¾ cup. Salt and freshly ground pepper to taste. Dry Marsala, ³/₄ cup (or dry white wine sugar and ¹/₂ teaspoon of sugar). Spring onions, 4 sliced vertically in half and into 6-7cm pieces, complete with green (mainly for

PROCESSES

Use a thin, sharp knife with a long blade and make 4 deep, slits into each piece of fish, one in each quarter of around the vertebrae. Insert into the different splits a clove, into another a half a clove of garlic, in another a small sprig of rosemary and in the last slit a little bit of cinnamon stick. Marinate the fish for about 1 hour in 1/4 cup of extra virgin olive oil and the bay leaves. Heat some extra virgin olive oil in a pan (select one large enough to accommodate the fish in one layer). Sauté the onions until they soften and then remove them. Add a little more extra virgin oil to the same pan, heat it and add the fish, the oil and bay leaves used for the marinade, salt and freshly ground pepper. Pan-fry the fish, turning once and cook it to your liking (the fish will keep on cooking while you add the following ingredients so you may wish to undercook it by a few minutes). If you are using white wine rather than the Marsala, you may wish to add $\frac{1}{2}$ teaspoon sugar at this stage - this will caramelise the fish. Add the Marsala (or the white wine) and deglaze the pan. Add the onions (to warm them) and serve the fish.



Seafood being sold at the local market in Kerkyra (Corfu) Greece. Sales over the summer months

were relativly good, with many of the species imported from the west coast of Africa.

Less fish in Greek seas

Some years ago Greek scientists undertook a laws were introduced for sustainable fishing

detailed study of fish and fishing in the in the Mediterranean. The laws however,

They have concluded that in the Aegean sea making fishing a major industry on many of

a large number of species including tuna and the islands and for many seafront communi-

A major reason for the decline is the absence The study also apportions blame on mer-

of protection for fish spawning grounds. chants who insist on selling the threatened

Prohibited trawling practices have destroyed species and on consumers who purchase

recuperate. In addition to this, fishermen A campaign to raise consumer and public

take undersized fish which does allow them awareness is underway and amongst other

With over 16,000 vessels, Greece has the

largest fishing fleet in the European Union,

things it recommends that consumers not buy

undersized fish or fish that have been shot

Aegean sea, and, according to their findings have been selectively applied.

swordfish are threatened with extinctions. ties on the mainland.

the future of Greek fishing is far from buoy-

many of the spawning habitats which will

need hundreds if not thousands of years to

to reach full maturity and breed.

Theo Kailis: 1928 - 2010 A visionary of the seafood industry



Two years before Theo was born, his 1973 he branched out on his own and industry. Kastellorizo, established a fish and chip shop in Maylands Perth.

(Left) The late Theo Kailis: A leader and visionary of Western Australia's seafood industry.

father George, who had migrated with his established Kailis and France with part-

the lobster industry helped revolutionise official. When Theo was nine years old, he and his deep sea lobster fishing. The establisholder brother Peter would get up at 5.30 in ment of the live lobster export trade made The Western Australian shadow minister the morning to help their father collect the Kailis and France leaders in the interna- for Fisheries Mr. Jon Ford said that Theo fish from the markets and take back to the tional commercialization of Western would be remembered as "a great legend" shop. At the shop they would peel ten Australia's rock lobster industry, of the local seafood industry, while other kerosene tins of potatoes, wash up and The development of Australia's Northern tributes have been more personal such as head off to school. At the age of fourteen, prawn fishery and more recently deep sea that from Beverly Morris of Perth. "Its due to his fathers ill health, he left school fishing in sub Antartica, which created the been a pleasure working (with) you and and started working full time in the family Patagonian Toothfish fishery, have helped your family and will always remember Fish and Chip shop. So started Theo to establish Western Australian fishing your smiling face." Kailis career in the seafood industry. into a multi nillion dollar industry.

ness but remained managing director. In dreds of fishermen started in the seafood try saw Theo as gods gift to it.

wife Evangelia from the Greek island of ners Murray France and his son George. Tributes of his passing have come from all sectors of Australia's seafood industry His flair for inovation and keen interest in from humblest the fisherman to the highest

Theo's Greek given name was Theodosios In the early 1960's he sold the family busi- Over the years and under his tutelage hun- or Gods gift. Many in the seafood indus-

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